



Glasgow Green Cycle Club

SCOTTISH DISTRICT CHAMPIONSHIP



25 MILE
OPEN
TIME
TRIAL

GLASGOW
GREEN
CYCLE
CLUB



19/5/19

WESTFERRY COURSE



Supported by

Torvelo Bike Repair

<https://www.torvelo.co.uk/>



#RIDEUPGRADES

TUNNOCK'S



Keiron Redmond Graphic Design

**programme front cover*



Event Information

GGCC Open 25 Mile Time Trial
CTT Scottish District Championship
Sunday 19th May
First rider off 8.31 AM
Sign on from 7:30am



Race HQ

Bishopton Community Centre,
Gledstane Road, Bishopton PA7
5AU. Changing facilities will be
provided. Please respect those who
live and work locally whilst warming
up and making your way to/from the
start/finish line. Please do not warm
up on the course.

Parking & Start

There is ample parking at race HQ. The start is 1.7 miles from race HQ so please leave sufficient time to make it to the start line on time.



Course Information

This is the revised West Ferry course. Please note, this is a complicated course where you encounter roundabouts 14 times and a dead turn twice. It is expected that all riders have fully familiarised themselves with the course in advance. It is the rider's responsibility to obey the rules of the road and navigate the course safely.



Start on Bishopton hill – A8 just before the turn off sign for Ingliston Country Club - proceed downhill westbound under railway bridge and take first left slip road westbound onto A8 at Westferry roundabout to begin first lap. Proceed westbound through first roundabout (Langbank) on A8. At Woodhall roundabout take first exit onto Glasgow Road and proceed westbound for approx 1.5 miles to turn . Turn and retrace eastbound to Woodhall roundabout - take first exit onto A8 – proceed westbound to Newark roundabout. Turn at Newark roundabout and retrace eastbound to Woodhall roundabout- take second exit at woodhall roundabout and retrace eastbound to Langbank roundabout- take first exit at Langbank roundabout and proceed eastbound on A8 to exit at slip-road to Westferry roundabout- turn under flyover on Westferry roundabout and rejoin the A8 Westbound at slip road to begin second lap – retrace for second lap to finish under the railway bridge at the foot of Bishopton Hill.

The start will be just before the turn off sign for Ingliston Country Club. At the end of your second lap you will continue round the Westferry roundabout and up under the railway bridge to finish opposite the usual 10 start.



Notes for Competitors

1. Sign on will be open from 7:00am and the hall will close at 12:30.
2. Please bring along a card to leave as deposit for your number- i.e. British Cycling/ TLI / CTC or similar.
3. Please read the attached anti-doping notice
4. To assist the timekeepers please ensure your number is properly displayed
5. Remember all riders must sign the finishing sheet when handing back their number.
6. Please adhere to the rules of the road and ride responsibly. Anyone reported to have breached road safety rules will be disqualified



Pin your number here

Anti-Doping

This event may be subject to a Doping Control

- It is your responsibility to check
- As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control
- Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board
- If your number is displayed you should report immediately to Doping Control which will be nearby
Remember, it is up to you to check and ensure that you comply
- If required you must report to Doping Control after finishing without delay.

Prize List

Equal prize money awarded across the below categories to both men and women. Overall winners both male and female will be presented with a framed version of the event artwork created by club members Kieron Redmond Graphic Design.

Overall winner will also receive the District Championship Trophy kindly donated by Torvelo Bike Repair

	Senior	Junior	Espoir	Team	Vet 40	Vet 50	Vet 60	Vet 70	Vet 80
1st	70	20	20	20	20	20	20	20	20
2nd	50								
3rd	30								
4th	20								
5th	15								
6th	10								



Start Sheet —

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
15	09:00:00	Stephen	Clayton	RT 23	Male	Veteran
15	09:00:00	Nigel	Holl	Stirling Bike Club	Male	Veteran